



THE PROBUS CLUB OF OAKVILLE

Established in 1988, The Fifth Probus Club in Canada
www.oakvilleprobus.com



March 16, 2023 – In-Person and Zoom Meeting
Meeting begins at 10:00 AM. Speaker at 11:00 AM.

**Meeting Place – Oakville Public Library - Central Branch –
120 Navy St. Second Floor Auditorium**

**Plenty of Parking on Water St with Elevator to Second Floor
but we also respect those who wish to participate via Zoom**

FEATURED SPEAKER – MARCH 16, 2023



Nicholas Pender

March 2023 Newsletter

Nick is the **Vice President of Niagara Operations at Ontario Power Generation (OPG)** and has responsibility for 2500 megawatts (MW) of power generating facilities in the Niagara region. **2,500 MW is approximately 50% of Ontario's daily needs.**

Niagara Operations include the iconic Sir Adam Beck Complex in Niagara, DeCew Falls in St Catharines, hydro facilities throughout Gravenhurst, Campbellford and the solar farm in Nanticoke. Nick is accountable for **public and dam safety, plant operations, reliability and capital investment.** (*Editor's note: think of Nick as the 'mechanic on the tools' vs. the folks at the Ontario Energy Board who set the rates we pay).*

In previous roles at OPG, Nick was the Vice President of Energy Markets and had responsibility for the strategy and performance of all energy market activities including generating contracts with the Independent Electricity System Operator (IESO), Ontario market affairs, the 24/7 power control centre and trading activities in the US Northeast. This included integrating Eagle Creek, a US owner and operator of hydroelectric facilities.

Having spent most of his career in the energy sector, **Nick has a keen interest in strategies and market designs that deliver economic, social and environmental benefits.** He is an advocate for the development of a forward-thinking, efficient and innovative energy sector.

As a facilitative leader, Nick is focused on employee engagement and upholding **OPG's commitment to be a global leader in equality, diversity and inclusion.**

Nick currently sits on the board of Ontario Water Association and Nanticoke Solar Inc and was a former Chair of the Canadian Electricity Association Power Marketing Council and a former member of the Energy Transformation Network of Ontario. Nick resides in Oakville with his family.

For more information on OPG, how Ontario's **Energy Competition Act, 1998** re-organized Ontario Hydro and to inform your questions, consider exploring links such as:

<https://www.opg.com/>

https://en.wikipedia.org/wiki/Ontario_Hydro

The President's Message

March 2023



(a G.F Howell original.)

DEAR FELLOW PROBIANS

IT IS THAT TIME OF YEAR WHEN WE ALL BECOME A TAD IRISH FOR A DAY (OF COURSE THERE ARE SOME LEGITAMATES AMONG US). IT NEVER CEASES. TO AMAZE ME THAT NO MATTER WHERE YOU ARE ON MARCH 17TH, YOU WILL FIND GUINNESS OR GREEN BEER FLOWING AND PEOPLE WEARING A SHAMROCK AND A BIG SMILE. TOO BAD EVERY DAY CAN'T BE LIKE ST PATRICK'S DAY!

LAST MONTH'S MEETING WAS OUR BEST ATTENDED IN A LONG TIME WITH 36. IT WAS GOOD TO SEE GRANT GOODING, LOU LEWIS AND JOE MOHER WHO HAVE NOT BEEN OUT TO A MEETING IN AWHILE, ALONG WITH 3 GUESTS DOUG BROWN, JOHN LIEBERMAN AND CRAIG ROTHWELL – DOUG & JOHN BEING FORMER MEMBERS, THANK YOU EVERYONE FOR MAKING THE EFFORT AND COMING OUT. FOR THOSE WHO DID ATTEND .WE WERE TREATED TO A GREAT SPEAKER – TYE FARROW - WHO LEFT US WITH A LOT TO THINK ABOUT. I REGRETTED HAVING TO CUT HIM OFF, BUT HE PROBABLY COULD HAVE SPOKEN FOR ANOTHER HOUR AND WE WERE ALREADY PAST NOON, IF YOU WISH TO SEE HIS PRESENTATION, PLEASE GO TO OUR WEBSITE , IT WILL BE POSTED SHORTLY.

WE HAD SOME FUN WITH THE FREE DRAWS, COURTESY OF THE ROYAL WINDSOR PUB, IN OAKVILLE. IT IS ALWAYS FUN TO WIN SOMETHING. WE WILL DO THAT AGAIN.

WE ARE STILL HAVING A FEW TEETHING ISSUES WITH THE ZOOM / WIFI / COMPUTER INTERFACE. THANKFULLY GERRY REMAINS CALM AND IS ABLE TO GET US BACK UP AND RUNNING WHEN THINGS GO SIDEWAYS. HE DESERVES A ROUND OF APPLAUSE FOR STAYING CALM UNDER FIRE – THANK YOU GERRY.

DON'T FORGET OUR CLUB PUB LUNCH AT 11:30 ON THURSDAY, MARCH 23RD AT THE ROYAL WINDSOR PUB IN OAKVILLE. THE PUB OWNER HAS ONCE AGAIN GENEROUSLY OFFERED TO DRAW FOR A FREE LUNCH IF WE HAVE 20 PEOPLE, 2 IF WE HAVE 25, 3 IF WE HAVE 30 ETC.

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(THIS IS FOR FOOD ONLY OF COURSE.) THIS EVENT IS OPEN TO SPOUSES AND FRIENDS, SO PLEASE PLAN ON COMING OUT FOR THE FIRST EVENT OF 2023 - THERE IS A LOT OF CATCHING UP TO DO. AT TIME OF WRITING THIS ARTICLE WE HAVE 40+ PLANNING TO ATTEND. THAT IS WONDERFUL.

ANOTHER EVENT, THIS ONE BEING A POSSIBLE JOINT VENTURE WITH OLD OAKVILLE IS BEING PLANNED FOR THE NEAR FUTURE – STAYED TUNED.

THERE WAS AN INTERESTING ARTICLE IN A RECENT PROBUS GLOBAL ISSUE ON “**THOUGHT PROCESS**” WHICH I FOUND VERY INTERESTING – THE GIST OF THE ARTICLE WAS - THINKING CANNOT HAPPEN IN A VACUUM. IT REQUIRES A MEDIUM. THAT MEDIUM IS LANGUAGE. LANGUAGE IS VOCABULARY + GRAMMAR. UNDERSTANDING AND LEARNING IS THROUGH THINKING. UNDERSTANDING AND LEARNING IS INTELLIGENCE. A RICH VOCABULARY ENRICHES THINKING AND HENCE ALSO INTELLIGENCE. THEREFORE:

1. ENHANCE YOUR VOCABULARY THROUGH READING AND LISTENING.
2. CHALLENGE YOURSELF TO LEARN 2 OR 3 NEW MEANINGFUL WORDS EACH DAY.
3. REPEAT THE WORDS SEVERAL TIMES TO REALLY LEARN THEM.
4. MAKE SURE YOU LEARN AND PRACTICE ALOUD ITS EXACT PRONUNCIATION.

THE LESSON HERE - WE ARE NEVER TOO OLD TO LEARN!

IF YOU WOULD LIKE TO READ THE WHOLE ARTICLE GO TO probusglobal.org AND CHECK THE MARCH 2023 NEWSLETTER.

I HOPE TO SEE EVEN MORE MEMBERS AND GUESTS AT OUR MARCH 16TH MEETING. PLEASE PLAN ON ATTENDING AND BRING A FRIEND. IF YOUR REASON FOR NOT ATTENDING IS BECAUSE YOU NEED A RIDE, PLEASE LET ME KNOW AND WE WILL SEE IF THERE IS SOMEONE LIVING NEAR YOU THAT WOULD BE HAPPY TO GIVE YOU A LIFT.



CHEERS, MIKE

Minutes of the General Meeting of the Probus Club of Oakville

February 16th 2023 **Oakville Public Library**

1.0 Minutes

A motion to accept the minutes of the November General meeting was made by Paul Nelson and seconded by Peter Pretty. The minutes of the last meeting were unanimously accepted.

2.0 Members' Health – No report

3.0 Treasurer's Report

Ray Henrickson said the latest report was on the computer which was not up and running at this point but the Christmas lunch had cost \$2900 leaving approximately \$6,900 in the bank.

4.0 Speakers

Tim O'Shea was on holidays so there was no report

5.0 Past and Upcoming Club Activities

Jay Kell said he is working with the Olde Oakville club for splitting a block of tickets to Shaw and it could be a drive yourself or a bus. The split would be 25 tickets to the Olde Oakville Club and 15 tickets to our club. Jay, along with Ray Henrickson, is working on direct payment to pay for events and membership fees.

A pub lunch is planned for March 23rd at the Windsor Pub.

Another event being considered is a trip to the McMichael Art Gallery

6.0 Membership.

No new members but there were three guests this month.

Doug Brown (former member) guest of Fred MacLennan

John Lieberman (former member) guest of Lou Lewis

Craig Bothwell guest of Mike Purcell

7.0 Website/Newsletter.

Gerry Pielsticker said that they continue to work on the site, and it will show videos of the members talking about the various activities like the book club or the investment club. All this to draw in anyone who visits the site looking for a place to join.

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Profiler- John Pender

While John was born in Germany, he moved to the UK at age one.

He was raised in Plymouth and had his early schooling there before moving on to the University of Leeds receiving a Bachelor of Education (Honours).

John spent the next 36 years both as teacher and head master of English.

After this career, he went on to help failing schools by turning them around, raising standards, improving graduation numbers and getting rid of corrupt board members.

John retired in 2009 and continued to enjoy travelling with his wife including three trips to Canada to visit his son and his wife who had moved there a few years previous.

In 2020, John and his wife made the big move to Canada and settled in Oakville.

John joined Probus in July 2022 and is looking forward to getting more involved over the coming years.

The 50/50 draw was won by Fred MacLennan.

There was also a draw for door prizes and these were won by

Lou Lewis, Brian Zinck, Lionel Latter, Paul Nelson and Alan Screen.

There was a count of the numbers for lunch at Monahan's and the meeting broke for coffee.

Today's Speaker

Paul Nelson introduced our speaker this month, Tye Farrow.

Tye is originally from Oakville and the son of George Farrow, a long time Oakville resident and a well-respected architect in his own right.

Tye Farrow has a Bachelor of Architecture degree (University of Toronto), a Master of Architecture in Urban Design (Harvard University), and a Master of Neuroscience Applied to Architectural Design (NAAD), (University of Venice IUAV).

Tye Farrow is a world-recognized pioneer tackling the issue of what we create and build impacts on our health. His firm is based in Toronto with award-winning projects around the globe that enact salutogenic design - design that actively incites health.

Tye's firm designs high performance buildings with environment enrichment (EE) as the goal. The environment in which we work contributes to health and well

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being and increases productivity by at least 25%. The environment stimulates learning, memory, enhances creativity, perception, empathy, emotions and social interaction

His architects believe that health should be the basis for designing all buildings. Given the right environment, buildings reduce cortisol levels (stress/anxiety hormone), decreases blood pressure/heart issues, enhances immune system, increases memory and learning and importantly strengthening neural networks.

Tye's view is that we are living in what has been described as the 'golden age' of neuroscience research, which is leading to innovative ideas about how to reimagine healthful post-covid communities and the role our built environment plays in this equation.

The presentation was far reaching and encompassed more than 250 slides and a very solid narration of what was happening in the world of environment architecture. For anyone interested in more detail please watch for his book coming out in April titled:

CONSTRUCTING HEALTH The Elements of Enriched Environments.

Tye Farrow was thanked by Joe Moher.

Mike Purcell closed the meeting

Jim Tonner
Secretary
February 25, 2023

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2022-2023 Management Committee

President	Mike Purcell	(905) 845-4097
Past President	Alex Murphy	(905) 337-2924
Vice President	Alex Murphy	(905) 337-2924
Secretary	Jim Tonner	(289) 337-6693
Treasurer	Ray Hendrickson	(289) 469-0158
Speakers	Tim O'Shea	(905) 842-5133
Activities	Jay Kell	(289) 487-3859
Newsletter	Paul Nelson	(905) 631-2390
Membership	Peter Pretty	(905) 338-5583
Website	Paul Nelson	(905) 631-2390
Technical Co-ordinator	Gerry Pielsticker	(905) 338-9829

In addition, the following Key Support Positions have been filled by appointed Members.

Key Support Positions

Equipment	TBD	
Member Welfare	Alex Murphy	(905) 337-2924
Auditor	Charles (Chuck) O'Neil	(905) 825-0054
50/50 Draw	Roy Oldfield	(905) 847-2062
Photographs - 1	David Johnson	(905) 338-6076
Photographs - 2	Peter Pretty	(905) 338- 5583
Greeter	Jack Rugg	(905) 820-1973